

back on track >



# ANNUAL REVIEW 2010-11

changing lives through learning

Back on Track works with ex-offenders and others who want to get their lives back on track in Greater Manchester. We offer easy-access courses, one-to-one mentoring, and work experience opportunities.

This review looks back over April 2010 to March 2011. It's been a busy year and our services have developed in exciting new ways. We're really proud of all that our service users have achieved - overcoming major problems in their lives to make a success of education, volunteering and work.

David Fisher  
Chief Executive

Huge thanks to the staff and volunteers for their commitment and hard work, which has delivered excellent results over the past year. Thanks also to partner organisations for helping make it happen. There are challenging times ahead for our sector, but with your support we are confident to face the future.

Walt Crowson  
Chair of trustees



# JULIANAH



**I started at Back on Track last Autumn. I'd had a really bad year. I was in recovery from my drug addiction and also suffering from depression and stress. I was fed up of being at home bored silly doing nothing at all.**

I knew somebody who came to Back on Track and they said it would be right up my street. I was nervous and had lots of second thoughts, but I'm so glad I came because the staff and volunteers at Back on Track have helped change my life. People here just cared about what happened to me and that felt strange. With each class I did, my confidence grew.

When I first came, I didn't have a clue what I wanted to do with myself, but I am now setting my own goals. I'm now volunteering as a mentor with Back on Track and I've got a mentoring qualification, and I'm also volunteering with ADS. I love working with people and helping others to see that it is possible to change your future.

"I'M SO GLAD I CAME BECAUSE THE STAFF AND VOLUNTEERS AT BACK ON TRACK HAVE HELPED CHANGE MY LIFE."

During 2010-11...

223

attended outreach sessions in their hostel/day centre

924

individuals accessed our service

39

outreach venues were reached

363

had an information advice and guidance interview

99

made a successful start on voluntary work

194

received ongoing mentoring

53

qualifications were gained

497

attended a course in our centre



New in November 2010 - a weekly work experience slot at our centre, giving a taste of catering, painting and decorating, or office work

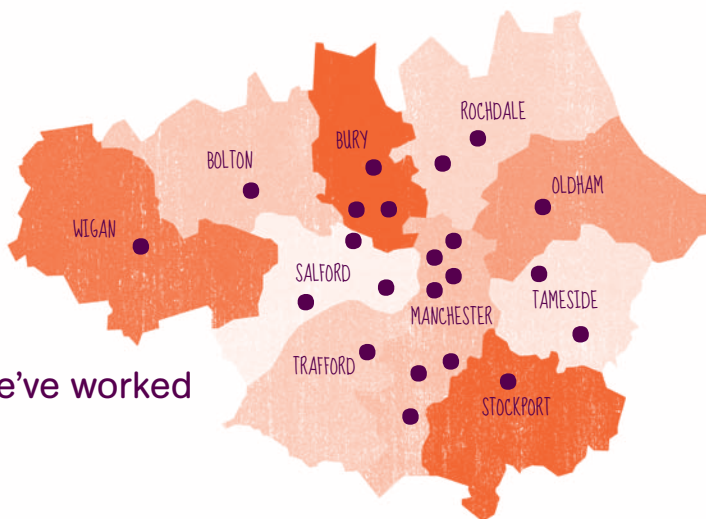
In March 2011 we published 'Volunteering with a criminal record', sharing success stories from Greater Manchester

We delivered training to 152 frontline workers. 23 volunteer mentors gained a qualification through our accredited mentoring training

We set up a pilot project to support Manchester residents with mental health problems in relation to benefit changes

We delivered outreach training in hostels and day centres in Manchester, Salford and Bury

We provided one-to-one mentoring to offenders in 10 boroughs of Greater Manchester. 114 received mentoring and 52 started voluntary work



Where we've worked

# PAUL

"I'VE NOW BEEN PROMOTED TO TEAM LEADER... I NEVER IMAGINED I'D END UP DOING THIS!"

**I came to Back on Track because I wanted to get a routine and get integrated back into society.**

I was really nervous at first but the centre is really welcoming and before long I was attending three courses each week. I thought it would take a long time to feel ready to move on, but my confidence has really grown and I've learned how to work with others.

Until coming to Back on Track I knew nothing about voluntary work. I decided to give it a go and started volunteering in the kitchen. I've now been promoted to team leader, supporting people who are new to it like I once was – I never imagined I'd end up doing this!

Information about other opportunities is on tap here. I'm soon going to start volunteering at the Magistrate's Court, talking to people who have difficulties with substance misuse. It's great being in roles where I can help people who are in the position I was once in. My long term goal is to become a drug and alcohol worker and I feel like I'm making strides to get there.



## Funders of our services in 2010-11

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Local authorities:	<b>£262,515</b>	<b>63%</b>
Probation:	<b>£76,795</b>	<b>18%</b>
Grants inc trusts:	<b>£52,690</b>	<b>13%</b>
Earned income:	<b>£25,631</b>	<b>6%</b>
<b>TOTAL INCOME:</b>	<b>£417,303</b>	

## How we spent our funding

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Frontline staff:	<b>£178,249</b>	<b>44%</b>
Project costs:	<b>£123,218</b>	<b>31%</b>
Support costs:	<b>£94,491</b>	<b>24%</b>
Governance:	<b>£5,607</b>	<b>1%</b>
<b>TOTAL EXPENDITURE:</b>	<b>£401,565</b>	

**Thanks to our funders during 2010-11:** Manchester Adult Education Service, Manchester City Council, UKonline, Nominet Trust, Bury Council, Salford City Council, The Manchester College, Santander Foundation, North West Probation Trusts, MSE Charity, Business Link Northwest

**Trustees:** Barbara Bate, Jane Cowell, Walt Crowson, Mark Law, Dave McDonald, Louise Enderby, Bob Carter, Emily Clarke (joined May 2011)

**Patron:** Joyce Keller **Bankers:** Co-operative Bank plc **Accountants:** Community Accountancy Services Ltd **Auditors:** Bentleys Chartered Accountants

For a full set of our annual report and accounts, please contact us.

Available on our website

[www.backontrackmanchester.org.uk](http://www.backontrackmanchester.org.uk)

Up to date information about Back on Track's service



'Volunteering with a criminal record: success stories from Greater Manchester' booklet

'At your own pace' booklet - research into learning barriers in Manchester



'Our voices' - case studies, talking heads, poetry and art work from our service users

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